



Quick Start Guide

Greetings!

Our employees are part of an amazing benefit, **HealthiestYou**. Here is some info that explains what it is and how you can take advantage of it right now!! Keep in mind, the HealthiestYou card you received or will receive in the mail is not needed to use the service-it is simply a benefit reminder card.

What is HealthiestYou?

Talk with a Doctor from your office, car, couch, you name it!

No scheduling. No travel. No waiting rooms. No hassle.

- Available 24/7/365
- General Medical Services are FREE
- To see if you have fees for our other services, check your mobile app
- Our physicians are licensed, and board certified to diagnose, treat, and prescribe for acute illnesses (ex. sinus infection, cold & flu, UTI, pink eye, and many more).
- We can handle over 70% of your typical doctor's office or urgent care visits.

What Do I Do Next?

****Register Your Account****

Don't worry, you're already enrolled, you just need to activate your profile.

THREE EASY WAYS TO REGISTER - MOBILE APP IS PREFERRED

a. Download the App in the App store or Google play store.

*Select "First Time Here", enter your Name, DOB, and Zip Code to create your account login.

*Can't locate your account? Verify your info with your HR manager. If you've recently moved, try an old zip code

b. Visit member.healthiestyou.com

*select "Register Now", enter your Name, DOB, and Zip Code to create your account login once registered, you can log in via the app or online with the same login information.

c. Call **866.703.1259 option 1 to connect with a care representative to register your account over the phone.**

You're all set! And remember you have HealthiestYou as your first line of defense the next time you or your family members get sick.

Need Help? Contact the Client Success team

Help@healthiestyou.com

866-703-1259 option 3

For 24 hour help 866-703-1259 option 1

DOWNLOAD THE APP TODAY



HealthiestYou is now part of Teladoc Health, the global leader in virtual care. Teladoc Health, Inc., on its own behalf and on behalf of its affiliates and/or wholly owned subsidiaries including but not limited to Best Doctors, Inc., HealthiestYou, Inc., Teladoc Physicians, P.A., and Teladoc Behavioral Health, P.A. (collectively referred to as "Teladoc Health," "we," "us," or "our"), owns and operates the websites located at www.Teladoc.com, www.BestDoctors.com, www.AskBestDoctor.com, Members.BestDoctors.com, www.HealthiestYou.com, and various mobile applications (collectively, the "site" or "sites"). Through these sites we operate various online services that enable eligible individuals ("members") to receive various types of healthcare information and telehealth services ("services"). The sites also have public portions that allow anyone to educate themselves on the services available from Teladoc Health. 10E-207B_375424734_08082019